

# Lamoille Community Food Share Newsletter



Fall 2008

802.888.6550 www.lcfoodshare.org  
P.O. Box 173 Morrisville, VT 05661  
lcfoodshare@pshift.com



## Tote Bags



We are proud to announce that we are selling tote bags with our logo! These handy canvas bags are made in New England and printed right here in Morrisville by Duckworth Factory. They are a great size for groceries or whatever you need to carry. They are \$15 each and all profits go to help us buy food. You can find them in Stowe at Mac's Market, Stowe Mercantile and Harvest Market. In Morrisville they are at Apple Tree Natural Foods or at the pantry (888-6550). What a great gift!

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**Our Wish List:** Peanut Butter, Tuna, Canned Soup, Canned Fruit, Canned Vegetables, Spaghetti Sauce (in cans so it won't break), Pasta, Tooth Brushes, Tooth Paste, Shampoo, Pork and Beans

For more information and collection box locations please check out our web site, drop us an email, or give us a call:

www.lcfoodshare.org lcfoodshare@pshift.com 802.888.6550

### **Sad But True:**

- Average cost to LCFS per visit has gone up from \$16 to \$20
- Averaging 50 more visits each month vs the same month last year
- As of the end of September, the total number of families we have served so far in 2008 is more than the total we served in all of 2007



## **BLUE PLATE SPECIAL AWARDS**

*We are grateful for each and every donation we receive from the community,  
but we couldn't resist recognizing those who got creative*

**STUDENT SAVVY** - what do college students do with all their stuff when they leave for summer break? Drop it in a dumpster usually, but thanks to Johnson State student **Kyla Suarez** those unneeded items were collected and put to good use at our pantry.

**BIRTHDAY BENEFITS** - **Mallory Pugh** celebrated her 8th birthday by asking for donations to be given to LCFS. That's what we call a party with a purpose!

**SPECIAL THANK YOU TO:**

**Dave Yacavone** who arranged a \$250 donation from the Agency of Human Services that was turned into coupons for the Farmers Artisan Market in Morrisville. These coupons were provided to our clients so that they could purchase farm-fresh food. Thanks to **Amy Walker** for initiating this donation.

**Craftproducers** for allowing us space for a table at the Taste of Stowe in July. They have invited us back to the Stowe Foliage Arts Festival October 10th, 11th & 12th at Topnotch Field in Stowe. Come visit our booth to buy a tote bag or enter the raffle!

**John Clark** of the UPS Store in Stowe for generously printing this newsletter free of charge!

*LCFS is a volunteer-powered organization.  
We couldn't do it without you! Thank you for your efforts.*

## Letter From the President of LCFS: Sara Babcock

Autumn has arrived and while it might seem a tad early, my thoughts turn to Thanksgiving and our annual holiday food basket program. Last year we gave out over 300 baskets with a turkey and all the side dishes: cranberry sauce, gravy, stuffing, veggies, fruit, Jell-o, corn muffin and pumpkin pie mixes. We'll surely be topping that number this year and the cost for each of the components has gone up significantly. So we must bring in more donations than ever to meet the need. Our community support continues to be strong. Donations are on a par with last year but the demand and costs are so much higher that we are running a deficit. We've already started watching the prices of gravy and cranberry sauce to stock up for the big day. Please help however you can.

Another issue we face is the need for people to get involved. We could use a few more volunteers to join us weekday mornings at the Food Share. We also have a vacancy on our Board of Directors. We meet monthly to discuss operations and make plans. If you are interested in volunteering your time in either way please contact us.

Thank you for your continued support!

Sara Babcock

## Feinstein Challenge Results

by Caroline Ballard, Board Member

In our spring newsletter we told you about the Feinstein Challenge: the Feinstein Foundation offered 1 million dollars to be divided among anti-hunger agencies across the country. To apply, we tallied all of our donations- both cash and food- which we received during the months of March and April. Thanks to the efforts of several food drives and many generous people, that came to a grand total of \$19,684!

In July we received a check for \$313 - not as much as we would like but the good news is that over 1700 anti-hunger agencies nationwide raised more than \$180 million. We thank the Feinstein Foundation for their efforts to raise awareness.

For more information, visit: [www.lcfoodshare.org/FeinsteinChallenge.htm](http://www.lcfoodshare.org/FeinsteinChallenge.htm)



### MAPLE SYRUP!

Just a reminder that we are still selling pints of locally produced maple syrup for \$10 a pint and all profits go directly to LCFS to help us keep our shelves stocked. These sweet gifts are available in Morrisville at Haymaker Press, and in Stowe at Laughing Moon Chocolate. Or call us at 888-6550 to pick some up. They make a great gift!

**Our Board of Directors:** Sara Babcock, Caroline Ballard, Carol Crawford, Frank Helker, Hal Morrow, Brian Norder, Rick Oden, Katie Ziegler  
**Food Share Manager:** Deb Krempecke **Newsletter Editor:** Pete Brown

## Food Share Special Friends

by Frank Helker, Board Member

I was going to get my mail at the UPS store, when I looked over at Mac's Market in Stowe and saw this little girl sitting at a table with signs and a jar collecting money and donations.



Then, I remembered that I was told to be on the look-out for her. Well, I went right over and there was Mariah Barrows, a 10 year old 5th grader at Stowe Elementary School, with homemade signs getting donations for our local food shelf. On her own she got permission to set-up a table and collect food and money for us and hopes to do it maybe two or three more times during the year. She collected 50 lbs. of food and \$112.75.

IF SHE COULD DO THIS - JUST THINK WHAT YOU COULD DO!

The friendly staff at the Price Chopper bakery department is always ready to serve you!



Have you noticed the price of items such as flour, eggs and butter? Despite rising costs, area stores continue to donate what they can to make sure we have some offerings on our bakery table. We'd like to thank: PRICE CHOPPER, HANNAFORD, THOMPSON'S FLOUR SHOP, JAMIE'S ON MAIN, STOWE COFFEE HOUSE and GREEN GODDESS CAFE for their weekly donations