

# Lamoille Community Food Share Newsletter



February 2008

802.888.6550 [www.lcfoodshare.org](http://www.lcfoodshare.org)  
P.O. Box 173 Morrisville, VT 05661  
[lcfoodshare@pshift.com](mailto:lcfoodshare@pshift.com)



## BLUE PLATE SPECIAL AWARDS

*We are grateful for each and every donation we receive from the community,  
but we couldn't resist recognizing those who got creative*

We "knead" your support - students at **Stowe Middle School** teamed up with **King Arthur Flour** to bake bread. The students learned a good skill and we received 50 loaves of freshly baked bread. Our thanks to both groups for this unique donation.

Kids CAN Help - and the students at **Peoples Academy** took the challenge seriously. They collected 1100 lbs. of canned goods - wow! Special thanks go to **Hillary Bliss** for helping to organize this effort.

Thanksgiving Baskets - our volunteer help for this big event was enhanced by a visit from honor students at **Green Mountain Technical College**. Our thanks go to **Marlene Davison** for arranging this visit and for pitching in to work along with the students.

Turning Trash into Treasure - Thank you to **Lamoille Regional Solid Waste Management** for regularly sending checks to the Food Share generated by redeemable items. We turn them into necessary food items!

Printing - Our newsletters are printed through the generosity of **John Clark** at **The UPS Store** in Stowe. Be sure to stop in and see John for all your printing and shipping needs!

## In Memoriam - Dee Johnson

Food Share lost a great friend and board member when Delores "Dee" Johnson passed away last fall. Dee was a member of the Ecumenical Food Shelf and was a part of the group that supervised its rebirth into Lamoille Community Food Share. She was the organizer of the Wednesday volunteers, gathering a group of people from Stowe to work in the pantry. Her beaming smile and warm heart welcomed clients when she was in the pantry herself. Dee was a strong advocate of building a relationship with Salvation Farms which has brought fresh vegetables to our clients. A great cook herself, she could demystify the preparation of some of the more unusual vegetables we receive. Her enthusiasm for helping people was evident in everything she did. We miss her.

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**Our Wish List:** Peanut Butter, Tuna, Canned Soup, Canned Fruit, Canned Vegetables, Spaghetti Sauce (in cans so it won't break), Pasta, Tooth Brushes, Tooth Paste, Shampoo, Pork and Beans

## Lamoille Community Food Share Check out our collection boxes at these locations near you!

### Stowe:

Jewish Community Center of Greater Stowe (JCOGS)  
St. John's-in-the-Mountains Episcopal Church  
Stowe Mercantile

Mac's Market  
Springer-Miller  
Stowe Town Clerk's Office

### Morrisville:

Community College of Vermont  
Price Chopper

Copley Hospital Lobby  
Puffer United Methodist Church

Blessed Sacrament Church in Stowe also has a collection basket for food items.  
If you know of a collection site that we haven't listed, please let us know!

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## Letter From the President of LCFS: Sara Babcock

I am so proud of all of you. Our pantry has been running so smoothly and a lot of the credit goes out to you. The numbers of families coming to us is going up and we are busy all the time but we are still able to offer them assistance because you, our generous community, keep us going. With your food drives and donations our shelves have not been empty. Some days the pickings were slim but we always had something to offer. We all see the prices of food and essentials going up and it affects all of us. We can all imagine how easily a household can fall behind and need a little help. Your support makes sure we can be there to offer that help. Give yourself a pat on the back and keep up the great work.

We have an upcoming fundraising drive. All donations, cash or food, made to us in March and April will be counted to earn a piece of the million dollar pie being given out by the Feinstein Foundation. The following article will tell you more about this but March and April would be a great time to give.

Thanks again for all your help and please continue your support.

## Take the Feinstein Challenge With Us

by Brian Norder, Board Member

The Lamoille Community Food Share is participating in this year's Feinstein Challenge to help fight hunger in America. The Feinstein Foundation is donating \$1 million to agencies across the country involved in hunger relief. The Foundation will be dividing the cash among agencies based upon the donations each one receives during the challenge period.

We will be tracking donations of both cash and food during March and April of this year and reporting the total to the Foundation; the more we receive in donations during the challenge period, the greater our share of the challenge award. If your organization has thought about having a food drive now is the time to do it. Every bit we bring in will help. You can help us succeed by donating money or simply dropping a non-perishable food item in any of our drop boxes during those months. The boxes are located in the following locations: Morrisville- at the Food Share, Community College of Vermont and Price Chopper. In Stowe- the Town Clerk's office, Mac's Market, Springer-Miller Systems, Stowe Mercantile and the Jewish Community of Greater Stowe.

For more information, visit [www.lcfoodshare.org/FeinsteinChallenge.htm](http://www.lcfoodshare.org/FeinsteinChallenge.htm)

*LCFS is a volunteer-powered organization.  
We couldn't do it without you! Thank you for your efforts.*

## Food Share Special Friends

by Frank Helker, Board Member

One of the joys of working with the Lamoille Community Food Share is the connection I have made with three generous Stowe establishments. Each one supports the Food Share in its own way by donating baked goods, soups, cookies, muffins, and more. All I have to do is pick up their goodies and I get to interact with:

Stowe Coffee House



Chuck Dillon

Green Goddess Cafe



Amy Trynoski

Jamie's on Main



Debbie Mandigo

I'm always greeted with a smile, and sometimes a helping hand getting the food to the car. This has been the case for about two years and I want to thank them for all their support.

### Fun Facts:

Over 66% of our client families visited just 1-3 times in 2007  
Only 7% visited 10 or more times

In 2007 we served 629 families, made up of 1214 adults and 734 children - our pantry was visited a total of 2036 times



### MAPLE SYRUP!

We are still selling pints of locally produced maple syrup as a fund raiser. They are \$10 a pint and all profits go directly to LCFS to help us keep our shelves stocked. These sweet gifts are also available in Morrisville at Thompson's Flour Shop and Haymaker Press, and in Stowe at Laughing Moon Chocolate and Green Goddess Cafe. Or call us at 888-6550 to pick some up.

They make a great gift. Your thoughtfulness will be enjoyed and appreciated. So far our pints have been sent all over the U.S. and to England and Iraq. Know of any other places? Let us know!

**Our Board of Directors:** Terry Alexander, Sara Babcock, Carol Crawford, Frank Helker, Brian Norder, Rick Oden, Beverly Wood, Katie Ziegler  
**Food Share Manager:** Deb Krempecke **Newsletter Editor:** Pete Brown