Lamoille Community Food Share, Inc.
P.O. Box 173 Morrisville, VT 05661
802.888.6550 www.lcfoodshare.org

Our Wish List: Peanut Butter, Tuna, Canned Soup, Canned Fruit, Canned Vegetables, Spaghetti Sauce (in cans so it won't break), Pasta, Pork and Beans, Personal Items & Toiletries

For more information and collection box locations
please check us out on the web, drop us an email, or give us a call:

Our phone number is: **802-888-6550** Our email address is: lcfoodshare@gmail.com

If you'd like to be removed from our mailing list, please let us know!

Our mailing address is: P.O. Box 173 Morrisville, VT 05661

For pictures, stories, and the latest info visit us on the web at:

www.lcfoodshare.org or www.facebook.com/Lcfoodshare

We are located at: 197 Harrel St. in Morrisville, at the corner with Munson Ave.

Hours of Operation: M-F 9:00-11:30 Sat 9:30-11:00

"Hunger is not debatable" ~Harry Hopkins

Established 1981

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Spring 2014

The **Lamoille Neighborhood Food Project** is underway! We have had two collection days (December and February) each yielding more than 100 bags of food. What is **LNFP**? It's a simple idea: volunteers act as **Neighborhood Coordinators** . They ask their friends and neighbors to become **Food Donors**. We provide each donor with a green bag and ask them to collect 8-10 items over a two month period. On the second Saturday of even numbered months, the Neighborhood Coordinators collect the full bags and bring them to the pantry, leaving their Food Donors with a new bag.

So far our neighborhoods consist of book clubs, Rotary groups and actual neighbors- what is your neighborhood? If you can't collect food, come help us unpack the bags. Our next two collection days are April 12 and June 14.

For more info check out our website **www.lcfoodshare.org** or email **lnfoodproject@gmail.com**.

"Never work before breakfast; if you have to work before breakfast, eat your breakfast first" ~Josh Billings

Ice Bucket VIII

For the second year in a row, the **Green Mountain Disc Golf Club** chose Lamoille Community Food Share and the Waterbury Area Food Shelf as beneficiaries of their winter fundraiser- Ice Bucket VIII. On a cold snowy day in January a group of intrepid disc golfers played for fun and prizes. They raised over $9500 which put their Ice Bowl in the top three nationally! We are very grateful for their support.

President's Message

The Lamoille Community Food Share continues to serve our area families. In 2013 we served 3909 people,1489 of whom were children and 147 seniors. Our six target towns are: EDEN, ELMORE, HYDE PARK, MORRISVILLE, STOWE and WOLCOTT. We thank these towns for reauthorizing funds for LCFS at the recent town meetings. In 2013 we saw clients from sixteen other towns. We never send people away empty handed but we try to steer them to food shelves closer to their homes.

The Food Share has a new board of directors with new officers for 2014. We all thank **Caroline Ballard** for her many years of presidency. Gratefully, she continues on the board as vice-president. We welcome new board member, **Tom Younkman** of Hyde Park.

Joan Greene

"First, we eat, then we do everything else"
~MFK Fisher

Simple Soup Suppers

For the twelfth year in a row, **St. John's in the Mountains** (Stowe) hosted a series of **Lenten Simple Soup Suppers** to benefit the Lamoille Community Food Share. Parishioners donated six different homemade soups and an assortment of desserts each week. **Harvest Market** provided bread for each supper and **Uncle George's** donated flowers to decorate the tables.

St. John's welcomed people from the greater Stowe area as well as visitors from other states and Canada. An average of forty-five people were served at each supper. In addition to enjoying the delicious hot soups and camaraderie, parishioners and guests were pleased to know all of the proceeds were going to the Lamoille Community Food Share. It was gratifying to see how many people wanted to lend a helping hand each week. Due to the support of innumerable volunteers and guests, St. John's in the Mountains enjoyed another successful season of Simple Soup Suppers.

PASS THE POTATOES!

Since 2005, LCFS has been able to offer gleaned local vegetables to our clients thanks to the efforts of **Theresa Snow** and **Salvation Farms**. She has expanded that idea and now the Vermont Commodity Program secures local vegetables which are then packaged by inmates involved in the **Vermont Offender Work Program**. We pay a modest processing fee using grant money from the Green Mountain Fund of the **Vermont Community Foundation**.

Thanks to community support, our panty is well stocked with staple items needed to make a meal. The addition of fresh, local produce adds a nutritional value that helps us meet our goal of "healthy choices" outlined in our mission statement.

Our Board of Directors: Caroline Ballard, Betty Bevans, Heather Bradley, Joan Greene, Pam Hammel, Karen Loh, Jan Tichansky, Ellen Waldman, Tom Younkman **Newsletter Editor:** Pete Brown
Food Share Manager: Deb Krempecke **Assistant Manager:** Kevin Carter

Patty Oden - Volunteer Extraordinaire!

Patty was born in Easton, PA. After high school she moved to California and attended Pasadena City College where she met her husband Rick. Three months after they were married Rick was drafted and they were sent to Ft. Monmouth, NJ, then White Sands, NM, where daughter Caroline was born. After Rick's discharge they moved back to CA and had their two sons, Steve and John. Patty was active in the PTA and the Boy and Girl Scout programs.
In 1973 they moved to Indianapolis, IN, where Patty worked as a baker at the elementary school, which explains why her desserts are always delicious. In 1980 they went to NJ where they stayed for 20 years before moving to Stowe in 2000.

Patty has always looked for opportunities to serve others. In NJ she had two Meals on Wheels routes, did fundraising for the local hospital and was active with the Altar Guild at her church, eventually becoming Co- Director. In Stowe she continues her involvement with the Altar Guild as the Director at St. John's in the Mountains Episcopal Church, works with Meals on Wheels and volunteers at our pantry.

Patty's favorite phrases include "I'll do it", "Let me" and "I can". She is always ready to pitch in and help. She loves to work in her garden and spends as much time as she can with her grandchildren Allison, Michael, Kelly, Eva, Holly and Ian.

Patty is a very special lady. She is a treasure as a person and a friend in every way. Food Share is lucky to have her as a faithful volunteer.

Wedding Day Generosity

Jana Giordano grew up in Stowe, as did three generations before her. No wonder then that her daughter Chapin chose the **Stowe Community Church** for her wedding last September. What a treat that they decided to donate to Lamoille Community Food Share in lieu of wedding favors for their guests! Our thanks to **Robert and Jana Giordano** and we wish the happy couple, **Ryan** and **Chapin McAnally,** all the best!

Many thanks again to John Clark of The UPS Store in Stowe for his continuing generosity in printing our newsletters free of charge so that other donations can go directly to helping our clients. Thanks, John!